

CLAY WORKSHOP

The earth clay and bowls of water supplied in the workshop are simply offering a symbolic “world” for hands to explore, to creAct a relationship with the river.



With eyes open or closed, through the sense of touch, the hands interact with clay: digging, smoothing, building, moulding and pushing. The water supplied is for hands to move in the clay... take time to simply follow the innate promptings of the hands and to sense what the river means to you.

The unique interaction between the sense of touch, and contemplation through sound and imagery, can stimulate to create...

our hands are used as a tool of perception in doing this activity. Our hands provide a way in which our body can tell a story, and importantly can express what our relationships are to the river.

When complete, carry or place your clay item along the river walk.

(Reference: <http://heartspaceartspace.com.au>)

Janice Peacock, *Colourise Festival*, October, 2015